

**BALTIC U16 OUTDOOR TEAM CHAMPIONSHIPS**  
**21 July 2022, Heino Lipu stadium**



**12.00 Opening Ceremony**

12.15	Shot Put	G
12.15	Hammer Throw	B
12.20	110 m H	B
12.35	100 m H	G
	Long Jump	B
12.50	800 m	G
13.00	800 m	B
	Shot Put	B
	Hammer Throw	G
13.10	Pole Vault	G/B
13.20	100 m	G
13.30	100 m	B
	Long Jump	G
13.45	Javelin Throw	B
13.50	400 m	G
14.00	400 m	B
14.10	High Jump	G
14.20	2000 m	G
14.30	Triple Jump	B
	Javelin Throw	G
14.35	2000 m	B
14.55	300 m H	G
15.05	300 m H	B
15.15	Discus Throw	B
15.20	3000 m & 5000 m RW	G/B
15.30	Triple Jump	G
15.35	High Jump	B
15.50	200 m	G
16.00	200 m	B
	Discus Throw	G
16.15	1500 m SC	G
16.30	1500 m SC	B
16.45	100+200+300+400 m	Mixed Relay
<b>17.00</b>	<b>Victory Ceremony</b>	

Competition Director: Viktor Predbannikov

Technical Delegate: Lauri Puolokkainen